MATERNAL CHILD HEALTH EDUCATION 2017 SCHEDULE

Visit our website <u>www.goodsamhosp.org/moms</u>
<u>To register online or call 800 435-7465</u>
<u>For questions call 368-5450</u>

Early registration is suggested

Maternity Tour 1st Sunday of every month. FREE, no appointment necessary. Meets in the Birthing Center Lobby at 10:50am

January 1	February 5	March 5
April 2	May 7	June 4
July 2	August 6	September 3
October 1	November 5	December 3

Prepared Childbirth \$165.00 per couple Continental Breakfast served Sunday's 9:30am – 5pm Includes tour of the Maternity Unit

January 22	February 26	March 19	April 23
May 21	June 25	July 23	August 27
September 17	October 15	November 12	December 10

<u>Breastfeeding Saturday's 10am – 2pm</u> <u>&70.00 Includes New Mothers guide to Breastfeeding</u>

January 21	February 25	March 18	April 8	May 6
June 10	July 15	September 9	October 21	December 16

Private tours during the week are done by appointment with the Maternity Consultant, please call: 1-888-332-MOMS (6667)

Infant/Child CPR & Safety \$50.00 per person Two Consecutive Tuesday's 6:30pm – 9:30pm

January 10 & 17	March 14 & 21	May 9 & 16
July 11 & 18	September 12 & 19	November 14 & 21

Newborn Care Class \$55.00 per couple Thursday's or Friday's 7:00pm - 10:00pm

February 16	March 24	April 21	May 19	June 15
July 21	August 24	September 15	October 19	November 17

<u>Grandparents Class \$25.00 per person</u> <u>Saturday's 10am – 12pm</u>

February 11	May 20	August 19	November 11
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Sibling Class \$40.00 per family Saturday's 11:00am – 12:30pm

January 28	April 29	July 29	October 28
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Note: On occasion, there may be a circumstance where a class date change may be necessary.